

SECTION 8

First Aid / Accident and Near Miss Reporting (ALL)

1. All qualified Dinghy & Powerboat instructors are first aid qualified. Other qualified first aiders are listed in the clubroom.
2. The Club Safety Boat fleet is equipped with vacuum packed first aid kits.
3. The Club has further first aid kits, clearly marked in the club entrance and the galley.
4. The Club's Accident Book is kept with the galley first aid kit.
5. Land line telephone for use in making emergency calls is located at the Swan Inn. In the case of serious injury / illness, notification would follow contact of the emergency services. Exmouth Hospital, ten minutes away, has a minor injury unit. More serious injuries / illness would normally be transferred by ambulance to Royal Devon and Exeter Hospital in Exeter.
6. All injuries requiring any treatment to be reported to the person in charge and noted in the Accident Book. In the case of juniors, a parent/guardian is to be notified immediately of any accident and injury.

Recording Incidents/Accidents or Near-Misses

7. Records of adverse incidents, equipment failures, accidents, injuries and other significant events will be made in the LSC Incident Book. The OOD/CI/SI responsible for the activity is responsible for ensuring that this is completed. Members are also encouraged to log their observations, this may be anonymous. Please use the log constructively to improve the clubs safety record, not to make vexatious individual criticisms. Review of all recorded incidents will a standing agenda item at committee meetings and form part of the annual review of this document.

Inversion Entrapment

8. The possibility of inversion entrapment (crews caught and held under an upturned hull or sail), has been considered. This danger is addressed in our instructor/volunteer briefing and safety boat guidance. Inversion entrapment is primarily associated with high performance dinghies, in particular those with wings and trapeze and catamarans. These craft are not used for training at LSC.

Emergency Procedure

1. For emergencies afloat the following procedure is to be followed:
 - a. Attract attention of a safety boat.
 - b. Instructor and / or safety boat crew provide emergency first aid.
 - c. Evacuate casualty in safety boat to LSC if required. Advise LSC OOD who will summon first aider.
 - d. If injury is serious, advise LSC OOD who will summon ambulance by placing a 999 call/VHF Ch16.
 - e. If casualty non ambulant, evacuate to the Brook and await arrival of ambulance / paramedic.

- f. Instructor / safety boat crew to record details of incident. Principal, CI / SI or OOD must record incident in accident book. Report to next of kin will be made by Principal, CI or OOD as appropriate.

Major Incidents

2. A major incident is defined as any incident that involves multiple casualties or potential multiple casualties which cannot be safely covered by the clubs safety facilities. The responsibility for declaring a major incident will be held by the OOD, Principal, CI / SI or SB coxswains.
3. The CI, safety boat helms or the OOD are required to contact the Coast Guard immediately they become aware of a potential major incident. Rescue services should be alerted by VHF 'Mayday' Call or if VHF not possible 999 'Coastguard.'