



August 2026 Newsletter

LYMPSTONE SAILING CLUB

Social programme

Social events coming up

Friday 31st July early bar opening at 5.30pm, Junior sailing and fish finger sandwiches

AUGUST

Sunday 2nd August the French Breakfast in the Programme is **cancelled** because there was a very low turnout to the one in July and many people are away in August.

Wednesday 12th August RNLI visit at 8pm

approximately. Bring the family to go on the Lifeboat. Contributions to RNLI by card.

SOLAR ECLIPSE also 12th August

There is also a partial 96% solar eclipse that evening roughly 7:05 PM shortly before sunset ends near 8:00 PM. Come and view from the balcony. I will open the bar at 6.30pm for LSC members

EARLY BAR OPENING ON FRIDAYS continue through August and early September. Anyone willing to open up and do bar from 5.30 to 7.30 please contact me.

judith_carter@hotmail.com

SEPTEMBER

Friday 4th September Draught Ale

Friday 11th September Junior Sailing and fish finger sandwiches

Friday 18th September Lite Bites

Commodore's Corner

We can't complain about a lack of sunshine, and the wind has been kind to the sailors with the big flappy things. The holidays are now in full swing and it is lovely to see the harbour and the estuary busy with cruisers, dinghies, kayaks, wings, SUPs and swimmers taking full advantage of all that there is to offer. We are all reassured that if we were to get into trouble on the water, the Coastguard and RNLI are there to provide all the help that they can. As has been widely advertised, the RNLI lifeboats are visiting Lymestone harbour on Wednesday 12th August (unless there is a shout), even if you don't want to queue to go aboard you can come along with your spare coins and notes (or cards) and make a small contribution to support this fantastic voluntary organisation. Like the RNLI, LSC is run entirely by volunteers, and we would like to keep it that way. The on-water side of the club does well for volunteers with a good number of members helping to run races, provide safety cover, and maintain our fleets of club, junior and safety boats. We also have a good number of parents and carers who provide fantastic support to our Junior programme. However, ashore we have a different picture. Last year nobody stood for the role of Rear-Commodore, the role that oversees all things ashore. Your Committee have done their best since the last AGM to keep things going ashore but cannot continue to do this. Would you enjoy co-ordinating the teams of volunteers who run our bar and lay on our much-appreciated social events, could you be our Rear-Commodore? Collar me at any time if you think you might be able to help. **Peter Turgoose**

LSC Regatta

What a fantastic Regatta we had in mid-July. Thank you to all who came along and joined the fun down at the club over the whole weekend, be it for sailing, the real ale on the Friday, a delicious BBQ on the Saturday, cream-first cream-teas with Prosecco on Sunday afternoon and/or pasties on the Sunday evening. It was lovely to see the club buzzing and particularly to see the kids enjoying the water.

On the water: Thank you to all who took part in the sail-past and did a fine job of honouring tradition and thoroughly soaking Paul and I.

Regatta Cup: There was a great turnout of Juniors and 'Seniors' for Saturday's races, whilst a slightly diminished fleet faced a very tricky and shift Easterly on Sunday. Across the two days, the Regatta Cup was won by Alex Hampson (*I was robbed* 😂 Ed.), with the Junior prize being won by Henry Culley. A special mention to Henry for not only being one of the few sailors to stay upright in the tricky easterly winds on Sunday, but for also coming third in the overall fleet - well done Henry. We did learn some lessons about timing of the event and your Committee have decided that we will revert to our usual mid-June slot next year. (Photos opposite and on last page).





LYMPSTONE SAILING CLUB

LSC Contacts

Commodore	Peter Turgoose
Vice Commodore	Paul Burke
Membership	Laura Sissons
Secretary	Liz Wells
Rear Commodore.	Vacant
Treasurer	Rob Greig-Gran
Sailing Secretary	Claire Whiter
Newsletter	Margaret Turgoose

Website: lympstonesailingclub.co.uk

We need a Webmaster...

Have you ever wondered how a website works? LSC has a very simple website and we need someone to take over its maintenance. This is a great opportunity for an enthusiastic member to make an invaluable contribution to their club. You might know a little about websites and WordPress already, but if not, we will give you all the training that you need to do the job, which rarely takes up more than a couple of hours a week.



Courtesy of Richard Crisp, a lovely photo of Richard on Egret, Martin on Joka and Don on Helena; "3 men in 3 boats"



DIARY DATES

Fri	31 July	17:30	Early bar, junior sailing, fish finger sandwiches
Wed	12 Aug	18:30 20:00	Early Bar for partial eclipse, followed by RNLI visit
Fri	4 Sept		Draught Ale
Fri	11 Sept		Junior sailing, fish finger sandwiches
Fri	18 Sept		Lite Bites

In memory of Richard Bland

Richard was born in West London in 1937. He was a graduate in electrical engineering and married Jean in 1959. They moved to live in Clyst St Mary in 1967 where they raised their three children; Julia, Ian and Michael. They joined LSC in 1970 and Richard spent many years on the committee; as treasurer from 1973 -1980 and eventually serving as Commodore from 1988 - 1990. It was he that brought in the rule that a commodore should only serve 3 consecutive years. He also encouraged the start of "junior sailing" and had a training programme with more than 35 youngsters learning to sail and enjoying "Swallows and Amazons" weekends at the Turf Lock. He was a very successful helm in his own right, not just locally, but throughout the country, travelling to national events as far away as Troon in Scotland, with his children as crew in the GP14. In 1991 he bought a Hunter 23 in kit form. I recall visiting him in Clyst St Mary and watching him fitting out the boat in several inches of snow when it was freezing cold weather - that's dedication for you! It was completed and launched with the name of "Egret". He had many adventures in "Egret" and won many club trophies. One particular award springs to mind that I even had a mention in! Rowing ashore one dark night with a rapidly diminishing 4.2 tide we ground out on top of "Darling Rock" and hence won the trophy of the same name. I thought it quite amusing, although am not sure that Richard shared my mirth, but all I could imagine was us, come daylight, being seen gently rocking atop "the rock". Sadly, Richard's sailing days came to an end in 2016, but he still took a great interest in the club's affairs and wellbeing, continuing to attend the AGMs, and was appointed Vice President in 2014. He was one of the founding members of LFHA, acting as Treasurer here as well for several years, and was also an active member of the Dolphins skittle team, successfully producing the occasional "spare", even though his bowling action was known affectionately as "Bomber Bland". Rest easy old friend...

Martin Hebdige



LYMPSTONE SAILING CLUB

My Week at the 2026 ILCA UK Nationals

I recently returned from competing in the 2026 ILCA UK National Championships, which took place from 22 to 28 July at the Weymouth & Portland National Sailing Academy. For those who might not recognise the name, the ILCA is simply the modern class name for the Laser which is the dinghy sailed most at our club. 241 national and international sailors arrived to compete across three fleet sizes: the ILCA 4, 6, and 7. I raced in the highly competitive ILCA 6 fleet. The weather kept us on our toes, delivering a varied range of wind conditions that tested every bit of our sailing strategy and boat handling. After the initial qualifying rounds, I was disappointed to just miss out on making the top-tier Gold fleet. However, I gave it everything in the finals and ultimately finished fourth in the Silver fleet. Overall, I am really pleased with this position given the incredibly high standard of racing. The event featured live GPS tracking, which allowed people onshore to watch our progress online in real time. Off the water, the organisers hosted fantastic social evenings, including a hog roast and a casino night, making it easy to meet sailors from all over the UK. I learned an immense amount from the daily coaching clinics and am incredibly proud to have represented our club on the national stage. *(We are very proud of you too, Theo, Ed.)*

Looking Ahead: The World Championships

My next stop is the 2026 ILCA 6 Men's World Championship, taking place from 25 September to 2 October in Vilamoura, Portugal. This will be my very first international event, and I am incredibly excited to test my skills on the global stage. I plan to use the next few weeks to train intensely on our local waters, *(that'll be against us in Saturday's races starting at 9am - come on everyone, let's give Theo a proper challenge...Ed.)* focusing on the tactical lessons I picked up at the Nationals. Thank you to everyone at the club for your ongoing encouragement and support! **Theo Whiter**

Some photos from the 2026 ILCA UK Nationals and LSC regatta - can you spot which is which?





LYMPSTONE SAILING CLUB

Want to brush up your dinghy sailing skills?

Hi everyone,

I'm offering some informal sailing coaching at the club over the summer for anyone who fancies improving their dinghy sailing a bit. It's aimed at people who already have the basics (so not complete beginners), including juniors and newer sailors who are keen to get more confident on the water, as well as anyone who just wants to sharpen things up a bit. Sessions will be 1-to-1 or 2-to-1, so we can focus on whatever you want to work on; boat handling, tacking and gybing, starting practice, race skills, or just generally feeling more comfortable in the boat. Everything will be run through the club (so covered for insurance), using dinghies. There is one block available in early August (2 weeks) and more in September. I'm a qualified Dinghy Instructor and Race Coach, but I can tailor each session to suit individual needs. If you're interested or want to have a chat about it, just drop me an email and we'll sort something out. **Theo Whiter**

whitertheo@gmail.com