



July 2026 Newsletter

LYMPSTONE SAILING CLUB

Social programme

Early Opening on Friday - help needed

We would like to continue opening the bar at 5.30pm on Fridays. Contact Judith, judith_carter@hotmail.com if you are happy to do any Fridays during July and August between 5.30pm and 7.30pm. Remember **any member can open the clubhouse and bar** early if they want to - you have access to the keys. You just need to pass these to the person who takes over bar duty at 7.30 or lock up the clubhouse again and return keys to the key safe.

July



Saturday 4th July French Breakfast 10 to 12.

Coffee, Hot chocolate, Croissants, French bread and jam £3.50pp

Friday 10th July: Early Bar opening and Draught Ale

LSC regatta 11th and 12th July

Saturday 11th July: pm Kids games and Jousting in the Brook, Sailpast - wetting the Commodore (*ha ha Ed.*),

6pm BBQ: tickets available on website. **Please book by**

Thursday 9th July <https://www.lympstonesailingclub.co.uk/events/lsc-regatta-bbq-5/>

We need more people to bring a salad for the BBQ - if anyone can help with this please contact Judith on judith_carter@hotmail.com

Sunday 12th July: 11.15 pm Sea Sunday service on the slipway with band

3 to 5pm Cream Tea



6.30pm Prize giving and Pasties

Wednesday 15th July 8pm approx RNLI visit, bar open and collection in aid of RNLI

Friday 17th July: Pimms Evening 7.30pm

Friday 24th July: Early bar opening and Lite Bites

Friday 31st July: Early bar & Fish Finger Sandwiches

Commodore's Corner

In the spirit of the World Cup, a bit of a short corner this month, hurrah you may all say 😊, because I have been a bit absent from the club over the last month with family, travel and cars. Unsurprisingly, the club carried on without me. As the nights have got longer and the air and water has warmed up, it is good to see the dinghies are getting in some great racing, the cruisers are starting to leave the estuary and the Juniors are taking full advantage of all that the club and the harbour have to offer. In addition to all of that, we even managed to squeeze in a PB2 course, thanks to Alison for managing the organisation and logistics; a task that is not as easy as it looks. Meanwhile, on dry land it is interesting to see that it was too warm to even give real ale away, but ideal weather to partake of Judith's infamous Margaritas. As Commodore, I look forward to the LSC Regatta (11th-12th July) with a degree of trepidation. The Regatta epitomises the spirit of fun on the water at the heart of LSC, plenty of activities for the Juniors (With a little help from parents/carers 😊), some dinghy racing for all levels, a BBQ, the traditional Sea Sunday Service on the slipway, a tea and prize giving, and here my trepidation comes in when I add in the traditional soaking of the Commodore in the 'sail past'. There is a full programme in this newsletter, I hope to see many of you there in one guise or another. None of this happens without a team behind it, my thanks go to everyone involved in putting the Regatta on.

Want to brush up your dinghy sailing skills?

Hi everyone,

I'm going to be offering some informal sailing coaching at the club over the summer for anyone who fancies improving their dinghy sailing a bit. It's aimed at people who already have the basics (so not complete beginners), including juniors and newer sailors who are keen to get more confident on the water, as well as anyone who just wants to sharpen things up a bit. Sessions will be 1-to-1 or 2-to-1, so we can focus on whatever you want to work on; boat handling, tacking and gybing, starting practice, race skills, or just generally feeling more comfortable in the boat. Everything will be run through the club (so covered for insurance), using dinghies. There is still one block available:

- Early August (2 weeks)

I'm a qualified Dinghy Instructor and Race Coach, but I can tailor each session to suit individual needs. If you're interested or want to have a chat about it, just drop me an email and we'll sort something out. **Theo Whiter**

whitertheo@gmail.com



LYMPSTONE SAILING CLUB

LSC Contacts

Commodore	Peter Turgoose
Vice Commodore	Paul Burke
Membership	Laura Sissons
Secretary	Liz Wells
Rear Commodore.	Vacant
Treasurer	Rob Greig-Gran
Sailing Secretary	Claire Whiter
Newsletter	Margaret Turgoose

Website: lympstonesailingclub.co.uk

A Year In... and Still Afloat (Mostly)

If you've ever stood on the slipway at Lymestone Harbour, watching the action from Lymestone Sailing Club, and thought, *"That looks great... but maybe not for me"* – this is for you. First things first: Lymestone Sailing Club (LSC) is one of the friendliest, most approachable clubs you'll find. No airs, no graces – just people who enjoy getting on the water and are more than happy to help others do the same. I joined last year as a complete novice. To set the scene, my early "success criteria" were simple: leave the slipway... and ideally come back to it. I'm pleased to report I achieved that – although not always without a bit of drama along the way. Let's just say there were moments where things looked less "graceful sailor" and more "loosely controlled drift with intent." And that's exactly the point.

Learning Something New: If you're starting out, my biggest bit of advice is: **get comfortable with being uncomfortable.** Try new things. Venture into the unknown. Be prepared to look like a bit of a twit from time to time (everyone else already has, trust me). You'll make mistakes – plenty of them – but that's where the learning is embedded. A bit of reflection helps too. What worked? What didn't? What on earth just happened there? And if in doubt, YouTube is a goldmine – there's always someone who's made the same mistake before, often more impressively. The real reward is the sense of progress. That moment where something that felt impossible suddenly clicks. The bigger the stretch, the bigger the payoff – both mentally and physically.

Making It Easy to Get On the Water: One of the great things about LSC is how easy it is to get sailing. Club boats can be booked online, and each one has simple rigging guides. Turn up, follow the steps, and you can be on the water in about 10 minutes, even if you're still figuring out which rope does

DIARY DATES

Sat	4 July	10am	French Breakfast
Fri	10 July	17:30	Early Bar, Draught Ale 7.30pm
Sat/ Sun	11/12 July		LSC Regatta - see details in social events above and programme
Wed	15 July	20:00	RNLI visit, bar open
Fri	17 July	19:30	Pimms evening
Fri	24 July	17:30	Early bar
		19:30	Light Bites
Fri	31 July	17:30	Early bar and Fishfinger sandwiches

...Trying Something New... Racing: This year I decided to dip a toe into racing. The initial goal? Get round the course at least once – tick (eventually!). Next goal? Not come last – tick (I'll take it!). There have been calmer races... and then there was *that* one – gusty, lively, and at times feeling like I'd spent an hour in a washing machine with Brian Jacks (look him up if you are too young to remember). It was chaotic, slightly ridiculous, and absolutely brilliant. And that's another lesson: you don't need to be "good" to enjoy it. Just getting involved is half the fun. Next goal...? Watch this space.

A Community Effort: None of this happens by accident. There are many people behind the scenes and on the water who make the club what it is – organising, supporting, rescuing (occasionally!), and encouraging. A special mention must go to Theo Whiter, an inspiring young person who gives a huge amount of his time; coaching, encouraging and helping others improve. His patience, encouragement, and eye for the small details make a real difference, especially to those of us still finding our way. I can't overstate what a boost it is to hear a simple "nice (*insert name*)" from Theo when you have got something right. **Those moments stick** – not just on the water, but afterwards too. Whether you've had a challenging sail, a long week at work, or things just aren't quite clicking, a bit of encouragement – afloat or ashore – has a way of lifting you. It's a small thing, but it carries you a long way.

More Than Just Sailing: It's not just about learning to sail. It's about getting outside, challenging yourself, meeting people, and doing something that's as good for your wellbeing as it is for your skillset. You might feel awkward at first. You might get it wrong. You *will* get it wrong. But you'll also learn, improve, and have a lot of fun besides. And before long, you'll realise you're not just getting back to the slipway – you're starting to look like you meant it... and feeling better for it too.

Sid Kyte



LYMPSTONE SAILING CLUB

For Sale

Motor Boat, 19ft x 6.5ft, bilge keels, Yanmar 1GM10 inboard diesel engine (9HP), sleeps 2 adults, fully cushioned inside and out, VHF radio, Garmin satnav, Lowrance sounder/fish finder. Currently moored off the sailing club. Please see club lobby notice board for more details. **£3250 ono** Contact Steve Archer 07940-830487

