



June 2026 Newsletter

LYMPSTONE SAILING CLUB

Social programme

June

Early Opening on Friday

Opening early on a Friday at 5.30pm so members can enjoy a drink in the sunshine is proving popular. We plan to open at 5.30 on 29th May, 5th, 12th, 19th and 26th June.

Remember **any member can open the clubhouse and bar** early if they want to - you have access to the keys, just check it is not booked and restock the bar before you lock up. You just need to pass these to the person who takes over bar duty at 7.30pm if a Friday or lock up and return them to the key safe.

Friday 12th June: Early Lite Bites at 7.30pm - no need to book - just turn up

Friday 19th June: Early bar opening and Draught Ale

Friday 26th June: Early bar opening and Fish finger sandwiches, (junior coaching)



Saturday 27th June: 7.30pm Margarita Cocktails

July



Saturday 4th July: French Breakfast 10 to 12

LSC regatta 11th and 12th July

Friday 10th July: Early Bar opening and Draught Ale

Saturday 11th July: pm Kids games and Jousting in the Brook etc., BBQ

Sunday 12th July: 1.30 pm Sea Sunday service on the slipway with band



Cream Tea 3 to 5pm

Prize giving and Pasties 6.30pm

PLEASE CONTACT JUDITH IF YOU CAN HELP WITH BBQ

PREP 4 TO 5PM; CLEAR UP 7.30 TO 8.30PM CREAM

TEA SUNDAY judith_carter@hotmail.com

Wednesday 15th July 8.30pm approx RNLI visit to be confirmed

Friday 17th July: Pimms Evening 7.30pm

Friday 24th July: Early bar opening and Lite Bites

Friday 31st July: Early bar & Fish Finger Sandwiches

Water Courtesy

Just to remind engine users, particularly powerboats, to be considerate towards kayaks, dinghies, other small craft and swimmers by keeping your distance and passing *downwind*. We love the fresh air, but are not so keen on exhaust fumes.

Exe Regatta

This year the dinghy racing for the Exe Regatta is on the weekend of 20 and 21 June. In recent years this has been a really fun event with friendly and relaxed racing. This year the racing will be across two courses positioned between Starcross and Lymestone, with separate fleets for multihulls and fast, medium and slow handicap. The slow handicap fleet is for Teras, Toppers and ILCA 4.7s (and other similar boats) and will have a shorter course appropriate for these sailors. The event is free to enter and is known for the richness of its prizes, provided by a range of very generous sponsors. There is also a free-to-enter raffle open to all competitors and helpers, with a similarly full set of prizes. Once again this year the format of the event is designed to accommodate entries from all the clubs on the Exe. The courses and online briefing will be sent out beforehand, and there will be an events WhatsApp group to communicate with competitors, whichever club on the Exe they launch from. Races are targeted at 45 minutes and there will be two each day, so it's not too long a day out for competitors launching from further away. Principal Race Officer this year is LSC member Dougal Scott, so if you have any questions about the event he will be happy to help you. Entries will be open on 26 May and are limited to 75 boats, so don't miss out. Entry is on <https://www.starcrossyc.org.uk/syc-events> via the Starcross YC events page.

Dougal Scott

Want to brush up your dinghy sailing skills?

Hi everyone,

I'm going to be offering some informal sailing coaching at the club over the summer for anyone who fancies improving their dinghy sailing a bit. It's aimed at people who already have the basics (so not complete beginners), including juniors and newer sailors who are keen to get more confident on the water, as well as anyone who just wants to sharpen things up a bit. Sessions will be 1-to-1 or 2-to-1, so we can focus on whatever you want to work on; boat handling, tacking and gybing, starting practice, race skills, or just generally feeling more comfortable in the boat. Everything will be run through the club (so covered for insurance), using dinghies. There are two blocks available:

- Mid June (2 weeks)
- Early August (2 weeks)

I'm a qualified Dinghy Instructor and Race Coach, but I can tailor each session to suit individual needs. If you're interested or want to have a chat about it, just drop me an email and we'll sort something out. **Theo Whiter**

whitertheo@gmail.com



LYMPSTONE SAILING CLUB

LSC Contacts

Commodore	Peter Turgoose
Vice Commodore	Paul Burke
Membership	Laura Sissons
Secretary	Liz Wells
Rear Commodore.	Vacant
Treasurer	Rob Greig-Gran
Sailing Secretary	Claire Whiter
Newsletter	Margaret Turgoose

Website: lympstonesailingclub.co.uk

Commodore's Corner

Finally, the sun is shining and it has arrived with a bit of wind in tow, perfect weather to be getting out on the estuary in whatever craft you choose. The number of excuses for not being on the water is getting fewer and fewer. Dan has done a fantastic job servicing the club boats and they are all there for you to book, either to join a race, get some practice in whilst there is a safety boat on the water, or to go for a cruise out on the estuary. Talking of which, you will now all have had the email from Claire B, our Cruiser and Dayboat Captain, inviting you to go aboard one of our cruisers or dayboat to learn more about sailing them. This is a great opportunity to see if cruising or day boating is for you and I want to say a huge thank-you to all the cruiser and dayboat owners who have offered to show members the ropes. It's been great to see the juniors down at the club enjoying the water, learning from Theo and his team, and tucking into fish finger butties cooked up by ever supportive parents. On the subject of food, this year's River Exe Café trip, hosted by Judith, seems to have gone down well when I look at the emails I have had thanking the Committee for the time they put into organising the trip. Still on food, looking at the bar takings on the night, Deb's Curry Evening went down a storm as well - thank you Deb and Alice for organising it. Looking ahead, we are moving into Regatta Season. This starts with the Junior Regatta at ESC on 13th June, then the Exe Regatta over the weekend of 20th - 21st June and culminates with the LSC Regatta on the weekend of July 11th - 12th. We will come out to you soon with all the details of the LSC Regatta which will include racing, junior events, a BBQ, the Sea Sunday service, afternoon tea and prizегiving, and (unfortunately) the traditional soaking of the Commodore in the sail-past.

Peter Turgoose

DIARY DATES

Fri	29 May	17.30	Early Bar Opening
Fri	5 Jun	17.30	Early Bar Opening
Fri	12 Jun	17.30	Early Bar Opening, Lite Bites
Fri	19 Jun	17.30	Early Bar, Draught Ale 7.30pm
Sat/ Sun	20/21 Jun		Exe Regatta
Fri	26 Jun	17.30	Early bar, Fish finger sandwiches
Sat	27 Jun	19:30	Margarita cocktails
Sat	4 July	10am	French Breakfast
Fri	10 July	17:30	Early Bar, Draught Ale 7.30pm
Sat/ Sun	11/12 July		LSC Regatta - see details in social events above and programme

For Sale

Motor Boat, 19ft x 6.5ft, bilge keels, Yanmar 1GM10 inboard diesel engine (9HP), sleeps 2 adults, fully cushioned inside and out, VHF radio, Garmin satnav, Lowrance sounder/fish finder. Currently moored off the sailing club. Please see club lobby notice board for more details. **£4,900 ono** Contact Steve Archer 07940-830487





LYMPSTONE SAILING CLUB

Sailing

We've had a great first full month of on-the-water activities. Highlights have included:

- Another excellent junior coaching evening, which also saw many members of all ages enjoying watching the activities from the balcony and tucking into fish finger sandwiches (all proceeds from these go towards supporting our junior sailors).
- A record turnout for a race in recent memory at least, with 11 boats on the water. This had us scurrying around to launch the second safety boat!
- A coached open-sailing session and coached race, where both new and rusty sailors got back out on the water with coaching and support from our more experienced members.
- And wonderfully, we already have a few contenders for the Darlings Cup – you'll have to come to the Prize Giving in November to hear about those!

Coming Up:

June is the month of the Exe Regatta - A celebration of watersports on the Exe Estuary

13 June: Junior Exe Regatta, this is a relaxed, relay-style celebration of being on the water, trading intense competition for teamwork and good vibes. Open to everyone regardless of experience, the event is perfect for both those who love to helm or those who prefer to crew. Exe Sailing Club will provide the boats and the entertainment, so you only need to bring your sailing kit and buoyancy aid for an easy-going evening of social sailing. For bookings see: <https://exe-sailing-club.org/event/junior-river-exe-regatta-event>

20/21 June: Dinghy and Multi-hull Regatta, more details are included above, but I expect a small flotilla will be setting off from Lymestone to join in. If you'd like to join in or find out more message Dougal dougalscott@usa.net, or further details can also be found here: <https://river-exe-regatta.org.uk/>

Dayboats and Cruisers in addition to their full sailing programme (see <https://www.lympstonesailingclub.co.uk/wp-content/uploads/2026-cruiser-schedule.pdf>) the fleet are also planning a trip in Dartmouth in July, if you'd like to find out more or join their WhatsApp group email Claire B on cruisers@lympstonesailingclub.co.uk

Dinghies - as well as the full programme of races we have another Coached Open Sailing session on 31 May and a Coached Races on 28 June

Claire Whiter



Lympstone Sailing Club

Your next adventure starts here

Ever wondered what it's like to sail down the coast — or even across the Atlantic? LSC members sail three types of boat, and we want to help you explore all of them.



Dinghies

Fast, fun, and always racing courses together



Day boats

Open-top sailing around the beautiful Exe estuary



Cruisers

Coastal voyages and beyond — some members have sailed the world!

Whether you're looking to gain experience or have space to share, we'll connect you.

I want to sail

Join a day boat or cruiser

Curious about cruising or day sailing? Gain new experience with fellow members — all skill levels welcome.

[Sign me up →](#)

I own a boat

Volunteer your vessel

Have a day boat or cruiser? Share your passion by taking other LSC members out on the water.

[Volunteer now →](#)



We'll be matching volunteers and joiners throughout the next month — complete your form soon!