



March 2026 Newsletter

LYMPSTONE SAILING CLUB

Commodore's Corner

The weather certainly hasn't been kind to those of us who want to start preparing our craft for the 2026 season, that said, I did spot a Chas and a Richard making an early migration to the harbour to begin preparation for their Summer berths. The Committee have been lucky enough to see the first draft of the Summer programme that "the Claires", Margaret and Judith have put together and we certainly have an exciting season ahead. On the water we have lots for the Juniors, a race programme, a fun filled regatta, cruising activities and opportunities for those taking to the water for the first time, or after a layoff, to get out there and have a go - it is not too late to make getting on the water your New Year's resolution and we can make it happen for you. On the social side, I'm excited to see that Neil has agreed to cater our Craning-In Supper and that we have our familiar table at The River Exe Café, and loads of opportunities to grab fish finger sarnies; to pick on just a few of the goodies that Judith and her fantastic team of volunteers have lined up for us. We hope to have the programme finalised soon and will get it out to you in March. Speaking of volunteers, I don't think that it is too early to thank all those of you who are supporting the race programme; either on land as OOD/AOOD, or on the water in the safety boats - without you we could not do many of the things that make our club the fun and friendly place it is. As mentioned elsewhere, we will do all that we can to ensure that you are fully equipped to do your duties and I encourage you to attend the safety briefings that are being arranged - as they say on flights, the crew (ashore and on-water) are primarily there for your safety. There are still a few more Friday Mariners' Munches to go (you won't get a better lunch with a view on the Estuary), or drop into the bar on a Friday evening for a quiet drink with friends. It won't be long before we are back on the water 😊.

Peter

Winter talks

13th March: "Diego Marcia, blue water sailing and a mid-ocean rescue". Martin Edwards, WO2, Royal Marines - arranged and sponsored by our junior section (see below).

17th April: "My journey to the world skydiving record" Paula Hood

Summer programme

The programme for sailing and social events is now finalised and will be published soon. In advance of the season we are running a number of sessions in relation to dinghy sailing; both to help as many people as possible join in with the activities and also to ensure that the season runs smoothly and safely for everyone involved. Please do come along to those sessions relevant to you - even if you are "an old hand".

Wednesday 1st April 7.30pm: Dinghy racing for beginners

This will cover the few basics that you need to bear in mind if racing for the first time - come along to find out just how straightforward it is!

Saturday 4th April 8.30 - 11am OR Sunday 5th April 9 -

11.30am: Practical briefing for Safety Boat Helms and Crew

For all those doing safety boat duties this year, Mike and Paul are running two separate sessions so that hopefully everyone has the opportunity to come along for a reminder on the key practical aspects of manning the safety boats.

Friday 24th April 8pm: Briefing for all Duty Holders: OOD, AOOD, Helm, Crew

This is a full briefing session for all duty holders this year (new and old) to go through the main points to be considered when running a race, particularly in relation to safety aspects that need to be considered.

Saturday 25th April 10am: Club boat rigging demonstration

For anyone likely to be wanting to use the club boats this year, come down and see how they should be rigged and then put away at the end of a session.

Margaret

Social programme

Mariners Munches: Friday lunches continue till 27th March - very popular don't miss them. Thank you for all the helpers who have organised cooked and served them.

Lego Club: Saturday 4th April 3 to 5pm

Draught Ale evening: Friday 10th April 7.30pm

First Early Evening Bar opening for the Spring and Summer Season: Friday 17th April 5.30pm

Bacon Butties for Craning Afloat: Monday 20th April 7 - 11am

Start of Season Supper: Saturday 25th April- booking details will be on website in March.



LYMPSTONE SAILING CLUB

LSC Contacts

Commodore	Peter Turgoose
Vice Commodore	Paul Burke
Membership	Laura Sissons
Secretary	Liz Wells
Rear Commodore.	Vacant
Treasurer	Rob Greig-Gran
Sailing Secretary	Claire Whiter
Newsletter	Margaret Turgoose
Website: lympstonesailingclub.co.uk	

DIARY DATES

Fri	13 Mar	19.30	Talk - Martin Edwards (see below)
Wed	1 Apr	19.30	Introduction to dinghy racing
Sat	4 Apr	08:30	Safety Boat Briefing
Sat	4 Apr	15.00	Lego Club
Sun	5 Apr	09:00	Safety Boat Briefing
Fri	17 Apr	19.30	Talk - Paula Hood (see below)
Sun	19 Apr		DIY vessels to be launched
Mon	20 Apr	07:20	Craning afloat & bacon butties
Fri	24 Apr	20:00	Briefing for Duty Holders
Sat	25 Apr	10:00	Club boat Riggering Demo
Sat	25 Apr	19:00	Craning Afloat Supper

Committee changes

Unfortunately, Eddie Corrigan has found that his work commitments are making it increasingly difficult for him to devote the amount of time he would like to his role as Sailing Secretary and has offered his resignation, along with Jan's, to the Committee. Although Eddie and Jan's energy and enthusiasm will be missed, the Committee understood their decision and thanked them for the work that they had done in the role over the past 15 months. The Committee invited Claire Whiter to fill the casual vacancy left by Eddie and Jan, Claire accepted the role and was duly elected until the next AGM. We now have a vacancy on the Committee and if you feel you could help with the running of the club in any way, please contact any of the current Committee members.

Friday 13th March 7.30pm: Diego Garcia, Blue-Water Sailing and a Mid-Ocean Rescue

We're delighted to announce that our next club talk will be delivered by Martin "Nutty" Edwards, WO2 Royal Marines, who will be sharing a fascinating glimpse into life on Diego Garcia—one of the most remote and strategically significant islands in the Indian Ocean. Nutty will begin by setting the scene: the unique background of Diego Garcia, the UK's presence on the island, and what day-to-day life looks like in such an isolated outpost. From there, he'll lift the lid on the unexpected perks of being stationed in a tropical paradise, including the enviable off-duty opportunities for blue-water sailing in crystal-clear waters. True to the Royal Marines' ethos of adapt and overcome, Nutty will recount one particularly extraordinary episode: being part of the team that orchestrated the recovery of a racing trimaran that had turtled mid-ocean. It's a story that blends seamanship, ingenuity and the kind of problem-solving that proves no two days are ever the same. Beyond the adventure, Nutty is a passionate advocate for young people pushing their boundaries, discovering resilience and uncovering skills they never knew they had. He hopes that members of our junior section, in particular, might find inspiration in the challenges, teamwork and spirit of exploration woven through his experiences. This promises to be a lively, insightful and motivating evening for sailors of all ages. We look forward to seeing you there.

Claire



LYMPSTONE SAILING CLUB

Lymestone Sailing Club

Supporting



RNLI Exmouth Easter Hamper Raffle



Tickets £1

All proceeds going to the RNLI

The RNLI is the charity that saves lives at sea
Royal National Lifeboat Institution, a charity registered in England and Wales (209603),
Scotland (SC037216), the Republic of Ireland (20051324), and the Bailiwick of Jersey (34)

Promoted by Gary Noble,
26 Rolle Gardens
Exmouth EX82GF

