



LYMPSTONE SAILING CLUB

August 2025 Newsletter

Commodore's corner

This month members were certainly making the most of the fantastic weather we were having (before the rain came...) with well supported Estuary hours and Lite Bites on a couple of glorious Friday evenings - enjoying the best view in the village! A bit of rain doesn't dampen the spirits of our members too much though, as we experienced with the River Exe Regatta, both on and off the water! The River Exe Regatta (RER) is an annual celebration of sailing on the River Exe, bringing together the river's clubs across a number of events and competitions to promote sailing on the River Exe and raise money for a shared sail training fund between the clubs. The four main clubs that participate are SFCC, SYC, TSC, and LSC, with the responsibility of chairing the organising committee rotating through the clubs, usually falling to their respective Commodores. This year Lymestone Sailing Club were due to Chair the event, however, for reasons I won't get into here, I was not prepared to take on such a challenge. Enter Mr Mike Gall - a long-standing member of the club and the committee, and two-time commodore himself who had previously chaired the River Exe Regatta in the past as well. Mike very generously took on the chairing of this year's River Exe Regatta committee in my stead on behalf of LSC and I am extremely grateful to him for doing so. This year's event has brought more clubs into the event than in previous years, drummed up more sponsorship than ever before, broadened the Regatta's events and participants, and had a wonderful party to top it off in the end as well. This is all in no small part down to Mike's energy and commitment. So, a massive thank you from me to Mike for taking on this challenge on behalf of our club! We had five entries flying the flag for Lymestone in the RER dinghy races - that's a 400% increase from last year's LSC representation - with Helen & Dougal Scott, Jim Trice & crew in the club's Vision, Theo Whiter, and Rufus Mountain. Results to be detailed separately in this newsletter but I think they certainly did the club proud with their efforts, especially when facing rather spicy conditions, and equipment malfunctions! We hosted the RER Party this year and again, as I said last time the club hosted, we have a reputation for putting on great parties so expectations were high (certainly higher than the atmospheric pressure forecast for the weekend)! and certainly not one to be missed. The rain certainly didn't put a dampener on the evening, taxis weren't hailed prematurely, and the efforts of our volunteers weren't in rain. (Would anyone like any more rain related puns?). We once again enjoyed good beer, tasty paella, and great live music - who doesn't love a boogie in the rain!...

...And when it came to the end of the evening, even putting the tables and chairs away under the marquee was rather fun with deluge of rain. The evening was a storming success! This would not have been possible without the help of our volunteers so a massive thank you to everyone who helped out! We had volunteers helping set up the party days in advance, helping on the night on the bar or entrance, clearing up afterwards, getting our safety boats over to Starcross and back, and volunteering on our safety boats for the dinghy racing. It's a huge effort from our members to support the River Exe Regatta and I am very grateful for everyone's contributions. Thank you also to the Harbour Board for letting us use the wet harbour to store our safety boats before they went over to Starcross, and for letting us put up the marquee on the hard standing for the party. In other news, on Friday 25th we had a bumper evening planned at the club with real ale left over from the RER party, another Junior Sailing session, and a visit by the RNLI and their lifeboats. Unfortunately, the RNLI event had to be cancelled as they were called out for operations. However, this didn't put too much of a downer on the evening, especially with the Junior Sailing where there was a flutter of photos from the evening on WhatsApp with beaming smiles and Theo being pulled up the slip in the safety boat his chariot! August is usually a quiet month at the club with no planned social event, coinciding with the school holidays, but there is still dinghy racing scheduled with the Horn Cup and the third Short Course Series, and more Junior Sailing Sessions as well and the bar will still be open on a Friday evening! **Nick**

Exe Regatta

The Exe Regatta 2025 is over but the memories will linger into the winter season, not only because of the weather we experienced, but because of the long awaited successes of Lymestone sailors. Congratulations to Helen and Dougal Scott, Theo Whiter and Rufus Mountain, all placed in the slow handicap dinghy event and to Jamie Dawson who crewed the winning boat in the fast handicap fleet. LSC is certainly a club to be reckoned with both on and off the water. Sincere thanks to all at Lymestone Sailing Club for organising and delivering another regatta cruiser event held in light winds and another outstanding regatta party; not to mention our contribution to event safety in monsoon conditions. Without all your support, it would be impossible to deliver the regatta and I owe so many a debt of gratitude. Thank you. **Mike Gall**



LYMPSTONE SAILING CLUB

LSC Contacts

Commodore	Nick Walding
Vice Commodore	Paul Burke
Membership	Penny Lupton
Secretary	Peter Turgoose
Rear Commodore.	Judith and Elaine
Treasurer	Rob Greig-Gran
Sailing Secretary	Edward Corrigan & Jan Teague
Newsletter	Margaret Turgoose

Website: lympstonesailingclub.co.uk

Junior Sailing

We started off the month with an exciting trip to Starcross Yacht Club where our juniors had been invited to join in one of their weekly training sessions. A convoy of cars took our Toppers around to the club along with our four participating juniors. There were a few prelaunch nerves as this was the first time some of them had sailed on their own, but they all launched with determination. Three of them joined in the Topper intermediate group and Rufus joined the Topper racing group (which Theo was coaching). The wind was fairly lively but they all had a great time playing games and practising racing. I was so proud of them as it was a big step forward for them all, but they all embraced the challenge and came off the water buzzing with excitement. We finished the month with another Lymestone based coaching session, we had 8 juniors participating in our three boats. The wind was a bit more lively than we'd anticipated so our plans to have a race were slightly hampered and we focused more on staying upright. That said, Arlo did manage to complete a race with good skill, ably supported by Rufus. Thank you to everyone who has supported us thus far. Please do come along to our fundraising event at the end of September (see the poster opposite with the handy QR code for booking or use this link [Click here to book](#)). It would be so good to be able to get at least one more Topper and so have more of our juniors on the water at any one time. **Claire**

(Well done Theo for putting so much effort into making this such a success, Ed.)

DIARY DATES

LYMPSTONE SAILING CLUB

GARDEN PARTY

Saturday, September 27th 2025

3pm – 6pm

TICKETS £10, CHILDREN £5

CAKES, CREAM TEAS, REFRESHMENTS

AT

HIDDEN HOUSE, COURTLANDS LANE,
LYMPSTONE EX8 5AB

LIVE MUSIC FROM 'TAKE 3'

The band offers a fun and engaging performance of good-time music - a highly accessible mix of swing, jazz, and blues

All proceeds from the event will go towards purchasing a Topper sailing dinghy, enabling the youth of Lymestone to learn to sail.

Join us for an afternoon of fun, music, and food.

LIVE JAZZ/SWING BAND

TEA, COFFEE, CAKE & SCONES

FREE GLASS OF PROSECCO

RAFFLE

MUSIC & DANCING to 'TAKE 3'



Scan me to book!





LYMPSTONE SAILING CLUB

For Sale

Kayak available to someone willing to do a bit of work on it. (It takes in water, which makes it sluggish.)
Please email lizwells.lympstone@btinternet.com

