

SECTION 1 (ALL)

About This Manual

1. This manual has been produced to provide guidance and advice for all club members and is drafted specifically for all those, both paid and voluntary, who contribute to the club programme and in the provision of cruiser, day boat, dinghy and powerboat events including training at LSC. This manual will be subject to minor review to include paddle sports. LSC Risk Assessments underpin all LSC Standard Operating Procedures that are also under annual review by the RYA and BC. This facilitates adoption of nationally identified best practice, mandates annual review and allows revision from any lessons identified within LSC and the governing bodies for sailing and paddle sports.
2. The manual has been drafted for and ratified by the General Committee. It draws on previous documents and centralises information for the benefit of the committee, event organisers, instructors and members. In accordance with RYA requirements, all Instructors are to make themselves familiar with its contents and to annually sign a declaration that they have received and read the manual. (See page at rear of booklet).
3. Member feedback to ensure that all

LSC Health and Safety Policy

4. LSC recognises it has a duty to give careful and serious consideration to ensuring the health and safety of its officers, members and employees both afloat and ashore.
5. LSC operates in close association with Lympstone Fisheries and Harbour Association who own the dinghy park, the slipway and the foreshore. The respective policies of the Club and Association are complementary to each other.
6. LSC seeks to continuously improve safety procedures at LSC and welcomes feedback, near-miss reporting and reports of any accidents sustained in any activities organised by LSC.

Training Centre Personnel

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|----|--------------------------|----------------------|--------------------|
| 7. | Principal: | Mike Gall | |
| | Chief Instructor (Power) | Mike Gall | |
| | Chief Instructor (Sail): | Vacant | |
| | Instructors: | Paul Burke (Power) | |
| | | Jamie Reeves (Power) | Currently inactive |
| | | Theo Whiter (Dinghy) | |

Training Programmes

8. Subject to instructor availability, the following internal training courses will be offered at LSC:

Dinghy Sailing: RYA National Sailing Scheme Levels 1, 2 and 3.
Powerboat: RYA Powerboat Levels 1 and 2, Safety Boat Certificate.
9. The internal programme may be supplemented by external training for those seeking further qualifications. This will be demand led and delivered under the burgee of the contracted provider, not by LSC. The requirements and syllabus for all training serials is available at:

<https://www.rya.org.uk/courses-training/courses/>